




# Coronach Connection

~November 2022~

**CORONACH LADIES AUXILIARY**





## LIGHTS OF LOVE

*Lights sold until November 30th.*

\$5.00 per memory light.  
please include name of loved one

**Payment options:**  
**etransfer: ladiesaux5@gmail.com**  
**cash or cheque drop off at**  
**Coronach Health Centre**  
**Box 592 Coronach, Sk**  
**S0H 0 Z0**

At Coronach Health Centre during Christmas in Coronach

## welcome TO CORONACH!

So many new faces in town.....Welcome to Coronach, we're happy to see you and can't wait to meet you all!

We hope you're enjoying our little town so far but there's always questions moving to a new place so in this issue I've included things a newcomer might appreciate knowing!

And in the last year our community has hired a coordinator to plan events and organize fun things to do. If you have any ideas or things you'd like to see happen please contact Michelle at (306)459-7867 - new ideas are always appreciated!

SMALL TOWN. BIG 

*ATM's in town:*

24 hr in Conexus Credit Union lobby  
Coronach Hotel lobby during business hours

*Lotto in town:*

Southland Coop Service Center  
Mini Mart

*Gift cards in town:*

Coronach Canada Post  
Southland Coop Grocery store  
Mini Mart

**PRICES**

1/6 OF LEGAL PAGE - \$15.75

1/4 OF LEGAL PAGE - \$26.25

1/2 OF LEGAL PAGE - \$47.25

FULL PAGE - \$84.00

CLASSIFIEDS - \$5.00/INCH

ALL PRICES INCLUDE GST

PLEASE SEND YOUR ADS TO

CORONACHRECBOARD@SASKTEL.NET OR

CALL/ TEXT HEATHER AT 267-7247

DEADLINE FOR DECEMBER ISSUE IS

NOVEMBER 25



# REMEMBRANCE DAY

World War I ended on the 11th month on the 11th day on the 11th hour in 1918 - 104 years ago.

Almost 200,000 Canadians were killed or wounded in the First World War. Another 68,000 were killed or wounded in the Second World War. More than 150 Canadians were killed in Afghanistan and at least 130 Canadian soldiers have died in peacekeeping missions.

A poppy should be worn on their left side, the red represents the blood of all those who gave their lives, the black represents the mourning of those who didn't have their loved ones return home and green leaf represents the grass and crops growing and future prosperity after the war destroyed so much. The leaf should be positioned at 11 o'clock to represent the eleventh hour of the eleventh day of the eleventh month, when the war officially ended. The money raised by legions asking for donations for poppies around the world is used for helping injured and retired soldiers.

It should be worn from the last day of October until November 11th, at 11:00am. The Legion suggests it should then be placed at a cenotaph as opposed to being thrown away.

The bugle is often played at military funerals and on Remembrance Day, to symbolize that soldiers can rest in peace. In war the bugle was used to tell soldiers it was time to return to their barracks and sleep.

*Dear Veterans,*

*Those of us who have not served  
will never fully understand  
the sacrifice's you've made  
both in times of peace and of war.*

*We will never fully understand  
what you were required to do  
or how you were able to do it.*

*We will never fully understand  
the depth of your scars.*

*But what we can offer you is this:*

*We see you.*

*We recognize your humanity.*

*And we send you love  
that is gentle, patient and healing.*

*With Blessings and Gratitude,  
we ask that you remember that you are loved.*

*Thank You*



**Remembrance Day Ceremony  
Coronach School  
Wednesday, November 9  
@ 1:30**

**The community is welcome  
and encouraged to attend.**

**THANK YOU**

The Coronach soccer club would like to thank Hart Butte Farms and May-B Sew for their contributions to our new uniforms. Thank you as well as the South West District for their grant towards new equipment



118 1st Ave East  
6 bedroom, 2 bath, 2 lots  
MLS® Number: SK911649  
Pictures on [www.realtor.ca](http://www.realtor.ca)  
\$185,900 but willing  
to negotiate  
Spread the word to help us  
sell our home please!



# Coronach Connection is

# 5

Every year to celebrate the birthday of the Coronach Connection businesses are canvassed for gift certificates, draw boxes are put out and there is 6 lucky winners that win the gift certificates.

This year we are going to try something different...Coronach Connection is going to buy a \$25 gift certificate from businesses and then, leave it with them! Then during November they will randomly surprise a shopper with that \$25 gift certificate. So in November it will really pay to shop local at the following businesses:

- \$25 - Coronach Hotel
- \$25 - Southland Coop Grocery Store
- \$25 - Southland Coop Service center
- \$25 - CR Plumbing
- \$25 - Marv's Tire
- \$25 - Debs Country Kitchen
- \$25 - The Nook
- \$25 - Mini Mart
- \$25 - Poplar River Pharmacy
- \$25 - Hicks Welding & Auto Parts
- \$25 - K & S Variety
- \$25 - Rustic Tavern
- \$25 - Clark Mechanical
- \$25 - RC's Chinese
- \$25 - Fife Lake Hotel
- \$25 - Janice Colibaba Massage
- \$25 - Aust's General Store
- \$25 - From Head to Toe
- \$25 - Toned Salon & Boutique
- \$25 - Big Muddy Auto
- \$25 - Inspired Hair & Body Salon
- \$25 - Perepust Sudio
- \$25 - Community Fitness Center
- \$25 - May B Sew
- \$25 - Customize it Blanks & More
- \$25 - Adeline Hovorka Massage Therapy
- \$25 - Coronach Agencies
- \$25 - Prairie Girls- Big Beaver

A little about our newsletter: this is 100% volunteer and advertising is kept at low prices to encourage everyone to share events/birthdays/announcements/sales. This is in hopes that we can truly stay connected to what is happening in our area. The money from ads keeps our newsletter going from month to month - your support is needed to sustain this newsletter! The money from ads also helps to deliver our newsletter to you: we pay every month to put the Connection in every mailbox in Coronach, Fife Lake and Big Beaver.

Thank you to everyone that has supported the Connection and I hope we can continue to all stay connected this way!

*Heather @ Coronach Connection*





Enter for your chance to

**WIN**

A pair of tickets to the 109th Grey Cup Game in Regina!

Section 240 --- Row 11 --- Seats 6 & 7

**\$10** / ticket

Lucky winner will be drawn November 10

Contact any Rec Board member for a ticket , or call Jeff at 267-7297

All proceeds will go towards Coronach Pool. Coronach Rec Board Sincerely thanks Coronach Kinsmen for the donation of tickets and the opportunity to fund raise for the pool.

**BRING IT TO THE HEARTLAND.**

There has been a committee created to help bring you this great event. They are Michelle Myren, Leanne Totton and Kristen Whelen!! Please reach out to any one of them with any questions or ideas that you may have.

If you want to participate in the magical parade, please contact Mike Martin at 306-265-7980

If you are having any special sales, give aways or event(s) you want added to the list of events please e-mail Michelle at cc.coronach@gmail.com

If you want to have a table in the Home-Based Business Sale please contact Giselle Wilson at 306-267-7424 and note there is a \$20.00 charge per table.



**NEED HELP WITH LAWN MOWERS, GARDEN TILLER OR ANY OTHER SMALL ENGINE REPAIRS? I CAN HELP. I CAN ALSO DO BLADE SHARPENING AND CAN SHARPEN CHAIN SAW BLADES. CONTACT ARNOLD MANSKE AT 267-7848**





Why do geese fly in V formation?

As each bird flaps its wings, it creates an uplift for the bird immediately following. By flying in a V formation the whole flock adds at least 71% greater flying range than if each bird flew on its own. When a goose falls out of formation, it suddenly feels the drag and resistance of trying to go it alone and quickly gets back in formation to take advantage of the lifting power of the bird in front. When the head goose gets tired, it rotates back in the wing and another goose moves into his place. Geese honk from behind to encourage those up front to keep up their speed. When a goose gets sick or wounded by gunshots and falls out of formation, two other geese fall out with that goose and follow it down to the ground and stay with it to lend help and protection. They stay with the fallen goose until it is able to fly again or until it dies. Only then do they launch out on their own, or with another formation to catch up with their group.



**June 18 - 1:30 & 4:30 shows  
Coronach Sportsplex**

## The Nook

COFFEESHOP

Seasonal feature drinks:

*"The Grinch"* - peppermint hot chocolate

*"Candy Cane Swirl"* - candy cane white hot chocolate

*"Sleigh Nog"* - eggnog latte

*"Frosty"* - peppermint frappe

*"Ebenezer Scrooge"* - maple latte

*"Blue Christmas"* - alpine steamer with vanilla

*"Old Faithful"* - chai latte

# FIGHT the FLU

Coronach Primary Care Clinic  
Thursday, November 3, 2022  
1:00-5:00



**GREG FOLEY**  
JOURNEYMAN ELECTRICIAN



**306.267.7999**

gregfoley79@yahoo.com

Box 741

Coronach, SK

S0H 0Z0



Southland

Scratch 'n'  
Save day at  
Coop  
grocery  
November  
15



I accidentally rubbed  
ketchup in my eyes. I  
now have Heinzsight.





Date	Time	Away	Home	Location
November 18	8:30	Coronach Merchants	Gravelbourg Hornets	Gravelbourg La Palestre
November 19	7:30	Coronach Merchants	Glentworth Thunder	Glentworth Waverly Sports Garden
November 25	8:30	Coronach Merchants	Hodgeville Huskies	Hodgeville Community Rink
December 10	7:30	Glentworth Thunder	Coronach Merchants	Willow Bunch Rink
December 16	8:30	Hodgeville Huskies	Coronach Merchants	Coronach Sportsplex
December 17	7:30	Assiniboia Rebels	Coronach Merchants	Coronach Sportsplex
December 23	8:30	Avonlea Arrows	Coronach Merchants	Coronach Sportsplex
January 6	8:30	Gravelbourg Hornets	Coronach Merchants	Coronach Sportsplex
January 7	7:30	Glentworth Thunder	Coronach Merchants	Coronach Sportsplex
January 13	8:30	Coronach Merchants	Avonlea Arrows	Avonlea Rink
January 14	7:30	Hodgeville Huskies	Coronach Merchants	Coronach Sportsplex
January 20	8:30	Coronach Merchants	Assiniboia Rebels	Southland Coop Centre
January 21	7:30	Coronach Merchants	Gravelbourg Hornets	Gravelbourg La Palestre
January 27	8:30	Coronach Merchants	Assiniboia Rebels	Southland Coop Centre
January 28	7:30	Avonlea Arrows	Coronach Merchants	Avonlea Rink
February 3	8:30	Coronach Merchants	Glentworth Thunder	Glentworth Waverly Sports Garden

## Coronach Merchants Merchandise

That time of year again! Countdown is on - less than a month away from the Merchants first game!

Merchant clothing is available to order. Please private message "Merchants Senior Hockey" on Facebook or contact Jennie at 306-640-7986 to order.

Get ready to show your small town community pride with a hoodie, shirt, hat or touque. You are supporting the Merchants as well as May-B Sew Stitchery!

### HOODIES - \$55

- BLACK OR DARK HEATHER GREY - UNISEX SIZING
- ADULTS: SMALL - 4 XL (3XL & 4XL + \$4.00)
- YOUTH: XS (2-4), S (6-8), M (10-12), L (14-16), XL (18-20)

### T-SHIRTS - \$25

- BLACK OR DARK HEATHER GREY - UNISEX SIZING
- ADULT & YOUTH SIZES AVAILABLE; SAME AS ABOVE

### INFANT ONESIE - \$15

- BLACK OR GREY
- NEWBORN, 6, 12, 18, & 24 MONTHS

### TOQUES & HATS - \$25

ALL ITEMS DESIGNED AND MADE BY MAY-B-SEW STITCHERY

It's that time of year again! The Merchants will kick off the season with a game in Gravelbourg against the Hornets on November 18th at 8:30 PM. Due to the later opening of our hometown rink, the Merchants will be playing away for the beginning of the season. Mark your calendars as we will be playing a 'home' game in Willow Bunch on December 10th against Glentworth at 7:30 PM. All proceeds will be going to the Willow Bunch rink. Come out and support another local rink and the Merchants!

Our first home game, pending the ice plant is ready to go, will be on December 16th at 8:30 PM against Hodgeville. Be sure to come out and cheer loud! We will be selling squares for our hockey pool again this year, be sure to buy a square for \$20 to get a chance to win some quick cash with a little bit of luck!

Contact Curtis at 306-267-7901 to purchase a square, or see it advertised at local businesses to get one!





# In honour of loved ones please give to this seniors project

Dear community,

This letter is to let you know of a need for seniors of Coronach. Recently a decision was made to upgrade the piano at South Winds Manor apartments. Their present piano is very old and in poor condition. The piano tuner informed the residents that it is no longer serviceable. The old piano at the Coronach Health Center should be replaced with a better piano, for the residents.

These pianos are used often. At the nursing home the piano is used every week. Music is a vital part of the seniors lives. The pianos are used for singsongs, church groups, music recitals, special occasions and residents and their family members.

Music brings peace and joy for all seniors. It is comforting to those suffering of loneliness, anxiety, depression or Alzheimer's disease. Good electric pianos would be best for the senior apartments and the nursing home. We are not wanting to replace old pianos with old pianos. A new electric piano with a fully weighted keyboard is the best as far as cost because it doesn't have to have an expensive tuning every year. The pianos I am looking at have excellent grand piano tone. The fundraiser for the 2 pianos is with activity director May Warken at South Winds Manor and with nurse, Jennie Noll RN, in charge of residents activities at the nursing home. The cost of the 2 pianos will be about \$7,000.00 altogether, tax included.

These 2 quality pianos will last for many years to come. Any help you can give will be deeply appreciated. Thank you in advance for supporting the men and women who have contributed so much to our community.

Sincerely, Dorothea Trithardt

306-267-7492 - any questions please phone me



All donations can be mailed to

CH Tenants Association

Box 821

Coronach, Sk, S0H0Z0 - please make cheques payable to CH Tenants Association

*\* to further add to Dorothea's letter I would like to share my experience with music and my grandma. Growing up my grandma loved music, she played the piano and of all things, the saxophone! Her and grandpa loved to dance and the way they moved together on the dance floor was almost magical.*

*Grandma now has Alzheimers and lives in a home, my grandpa has since passed away. She no longer recognizes us and visits with her are filled with the same questions on repeat.*

*One day, on a visit we walked her down to the common room where there was a piano. She sat down on the bench and I asked her to play something. She laughed and said she didn't know how to play anything! But then she turned and put her fingers on the keys and played the most beautiful song. When she was done I asked her what song that was, she didn't know; I asked her where she learned it, she didn't know. But the music was ingrained in her, her body knew what to do when she sat there, she remembered all the notes and for a few moments she was swept away in the melody. Watching her play so gracefully was a gift we'll always cherish - all because of the piano in that room* ♥



## RINK REPORT

Ice plant update....

The original plan was to have the ice in and ready for use by November 15th. A majority of our ice plant components have arrived in Saskatoon but unfortunately there has been some delays with the supply of our chillers. They are not scheduled to arrive to Saskatoon until November 12th. once in Saskatoon there is two weeks of work to complete assembly followed by two weeks of installation at the rink. This will move our opening to roughly December 14th.

Postech from Regina came to the Sportsplex Friday, October 21 and installed screw piles to support the new condenser. This will be the first step towards installing the new plant. Thanks for understanding and please know we are doing our best to keep this project moving as fast as we can to get everybody out on the ice.



# CORONACH SARCAN RECYCLING

## What happens when you recycle?



### ALUMINUM

Aluminum cans keep coming back as the same thing, over and over again. A can returned to Sarcán today could be back on the store shelf in just 90 days. It takes 95% less energy to recycle than to make new aluminum - and there's no limit to how many times aluminum can be recycled!



### GLASS

Colored glass bottles are collected, crushed and sold for use in fiberglass insulation. Have you ever wondered what makes highway paint shine at night? It is made of recycled clear glass. The glass is melted into spheres and then added directly to the road paint.



### PLASTIC [PET]

Plastic containers are squashed, and then shredded into plastic flakes which makes new bottles, buckets and pails. It is also used to create polyester fiber to use in fleece clothing and high grade carpet. Your jacket or carpet could be made from a bottle you drank out of!



### TIN

Tin is used as a de-oxidant in the process to make recycled steel. Steel is then made into a variety of things including car parts, rebar and steel pipe.



### PLASTIC [HDPE]

The plastic in these containers is separated and can be mixed with other types of plastic to make park benches, bins and other sturdy products.



### JUICE BOXES [TETRA]

Tetra containers have seven layers of aluminum, paper and plastic. Through a process called hydro-pulping, the layers are separated. The resulting paper pulp is made into corrugate, napkins and more. The plastic makes plastic wood and aluminum is used for energy recovery.

SARCAN has 73 depots throughout Saskatchewan, two processing plants, and one administrative office in Saskatoon. SARCAN employs people of all abilities, and, with over 900 staff, is one of the largest affirmative employers in Canada.



### PAPER CARTONS & GABLE TOP

These containers also go through hydro-pulping to separate the paper from other materials. The paper fiber is then made into boxes, cardboard and gypsum board.

\*as seen up on the wall at Coronach Sarcán \*

D	GLASS CONTAINERS	1-300ml-----	.10
		301ml-999ml----	.20
		1L & over-----	.40
O	ALUMINUM, PLASTIC & TIN CONTAINERS	1-999ml-----	.10
		1L & over -----	.25
U	REFILLABLE BEER BOTTLES	341ml-----	.05
C	CARTONS & TETRA BOXES (MILK, JUICE, ETC)	1-999ml-----	.10
		1L & over-----	.25

## CORONACH SARCAN HOURS

Monday - Friday - 8:30-4:30





# T e s t y o u r

Study this grid for 2 minutes and then flip 3 pages to test your memory by answering the questions

# m e m o r y

hat	coat	shirt	shoes	socks
purple	orange	green	blue	white
vanilla	chocolate	strawberry	butter pecan	peppermint
rose	petunia	geranium	tulip	orchid
floor	ceiling	wall	window	door



## Brain Games for Adults Occupational Hazard!



Suppose workers were paid an hourly wage according to the letters that spell their occupation.

Use the chart at the right to find the value of the CAPITALIZED words below. Add the value of each letter to get the total hourly wage.

Example: BANKER = 2 + 1 + 14 + 11 + 5 + 18 = \$51

- How much more does an ACTRESS earn than an ACTOR?
- What's the lowest-earning profession you can think of?

Estimate, then check.



- Who makes more, a DOCTOR or a NURSE?
- Who makes more, PLUMBER or a TRUCKER?
- Arrange these from lowest to highest paid: BUTLER, WAITER, DIETICIAN

A	\$1
B	\$2
C	\$3
D	\$4
E	\$5
F	\$6
G	\$7
H	\$8
I	\$9
J	\$10
K	\$11
L	\$12
M	\$13
N	\$14
O	\$15
P	\$16
Q	\$17
R	\$18
S	\$19
T	\$20
U	\$21
V	\$22
W	\$23
X	\$24
Y	\$25
Z	\$26

## Nifty Nines

Think about the phrases and expressions you know that mention NINE or NINTH.

A. Write a word in each blank to correctly complete each sentence or phrase:

- A cat has nine \_\_\_\_\_.
- A \_\_\_\_\_ in time saves nine.
- I'm so happy, I'm on \_\_\_\_\_ nine.
- Nine \_\_\_\_\_ out of ten, people prefer sunshine to rain.
- Many office workers have a nine-to-\_\_\_\_\_ job.
- She attended the formal dance, \_\_\_\_\_ to the nines.
- At the restaurant, he ordered the appetizer, the salad, the dessert and the whole nine \_\_\_\_\_.
- Possession is nine-tenths of the \_\_\_\_\_.
- There are 9 \_\_\_\_\_ in regular game of baseball.
- There are 27 \_\_\_\_\_ in 9 yards.
- In a famous Christmas song, there were 9 \_\_\_\_\_ dancing.
- There are 9 digits in your \_\_\_\_\_ number.







# CORONACH BRANCH PUBLIC LIBRARY

PHONE - (306)267-3260 --- EMAIL - CORONACH@PALLISERLIBRARY.CA

TUESDAY - 9:30 AM - 12:30 PM / 1:00 - 6:00 PM

WEDNESDAY - 9:30 AM - 12:30 PM / 1:00 - 5:30 PM

THURSDAY - 9:00 AM - 12:00 PM / 1:00 - 5:00 PM

STORY HOUR EVERY THURSDAY AT 10:30 AM



Paint Night is November 3 at 7:00 p.m.

Games Night is November 21 6:30-8:30

Vision Board Class Intro - Facilitator is Julianne Heagy

The workshop offers an empowering and imaginative goal setting session where participants will learn the fundamentals of creating a vision board. Please Pre-register as space is limited.

Saturday, Dec. 3 2:00 - 4:00 p.m. .Contact library at 267-3260 or Linda Ferrie at 267-7903

Library will open extra hours - in November Thursdays open until 6:00 p.m.

Nov. 7 - 9:30 - 12:30; 1:00 - 6:00 p.m.

Nov. 14 9:30 - 12:30; 1:00 - 6:00 p.m.

Nov. 21 9:30 - 12:30; 1:00 - 4:00 p.m.

Dec. 1 9:00 - 12:00; 1:00 - 6:00 p.m.

## CORONACH LIBRARY

### ALL YOU CAN EAT

#### AT DEB'S COUNTRY KITCHEN

- ~ RIBS
- ~ BAKED POTATO
- ~ SALAD
- ~ DESSERT

BEVERAGES NOT INCLUDED

NOVEMBER 15

5:00-8:00

\$25

TICKETS NEED TO BE PURCHASED BY NOVEMBER 7

## Coronach Library



Baking Trays  
24 pieces for \$25

Orders need to be in by November 15

Contact any board member or the  
Coronach library to put in an order

(306)267-3260



Coronach Library

November 21

6:30 - 8:30 p.m.

Come and Go

Everyone welcome



Coronach Library

November 3

7:00

Phone to register

# Christmas is Coming!



If your family or business would like to send a

Christmas greeting in the December issue of the Connection please let me know!

All Christmas greetings will be business card size - 10 to a legal size page and will be \$10.50 including tax - same as previous years. Send me the ad, your wording, or just that you want to include a message and I'll create one for you!

Send all requests to coronachconnection@sasktel.net or 267-7247





Suites & rooms  
by day or week -  
satellite TV in all  
rooms

# FIFE LAKE HOTEL

We thank you for your patronage  
It keeps us in business

Phone: 476- 2605

Steak Pit -  
cook 'em the  
way you like  
them!



BOOK YOUR

# CHRISTMAS PARTY

TODAY!

New Business in town!

**P**EREPUST  
STUDIO

Gel nails  
&  
pedicures

Also  
offering custom  
gift baskets & fruit/  
candy/chocolate  
bouquets

Watch for my business page on Facebook for pictures of  
what I offer!

Bring me your ideas and I'll see if I can create it!

Call/text Tatyana at 306-201-8707



## TEAMS TRIVIA NIGHT

Rustic Tavern  
November 8/2022  
7:00 pm  
\$5.00 player

Minimum of 2 and max of 4 per team.  
Come by your self and we can add you  
to a team or take it on by your self!!!

Just bring your smart phone or tablet  
to access the app!!

## Pre Christmas 3 day Trade and Craft Show

209 - 1 st east  
Coronach, SK  
(Formerly Big Muddy Crafts)

November 15-16-17 2022  
(Tuesday - Thursday)

1pm - 5 pm

Looking for Vendors  
Call or message  
(306)265-0003

CONFIRMED VENDORS:

Mary Kay  
Norwex  
Pampered Chef  
Sunset Gourmet  
Customize it | Big Muddy Crafts



Test your memory questions:

1. How many clothing items were on the wall?
2. Was the color RED listed?
3. What word was in the top right corner?
4. What ice cream flavors were listed?
5. What color was below COAT?
6. What flavor was to the right of STRAWBERRY?
7. What word was to the left of GERANIUM?
8. What five parts of a house were listed?
9. Name all the words in the left-hand column.
10. What was the last color listed?



All About Nine – Answers

1. lives
2. stitch
3. cloud
4. times
5. five
6. dressed
7. yards
8. law
9. innings
10. feet
11. ladies
12. Social Security



Occupational Hazards

1. An ACTRESS (\$85) earns \$28 more than an ACTOR (\$57).
2. One possible answer is a CHEF, who earns \$22.
3. A NURSE (\$77) makes more than a DOCTOR (\$75).
4. A TRUCKER (\$96) earns more than a PLUMBER (\$87).
5. DIETICIAN (\$74), WAITER (\$77), BUTLER (\$78)
6. A PILOT and a MAYOR both earn \$72.
7. An ARCHITECT and a PRIEST both earn \$87.
8. BAKER (\$37), RABBI (\$32), CABBIE (\$22)
9. LIBRARIAN (\$84)
10. ARTIST (\$91)

**thank you!**

Poplar River Assisted Trust (PRAT) would like to thank Southland Coop Staff club for their generous monetary donation. Without donations like this we would not be able to help the people that need it!  
Thank You!

**Crash's Auto**

Serving Coronach & area since 1994

Tow Truck Service  
CAA Contractor  
SGI Insurance Towing  
Boss Lubricants Supplier  
NAPA Parts



**1-306-267-7255**

**What Not Shoppe**

Winter clothes are now out at the what not shoppe. We have lots of Christmas decorations which will be out in the middle of November. Come and check out our selection. We are looking for organizations or individuals to work the last 2 weeks of November and all of December. Stop in at the shoppe and sign up for a shift.

**Hart Butte Community Farms**

is now accepting applications for their community grant program. Applications can be picked up at the RM office and must be filled out and returned by November 18.



**Clark Mechanical**

CORONACH SK  
BOX 162  
CCLARK009@OUTLOOK.COM

COLTON CLARK  
(306)267-7075

223 South Avenue East

Now open for mobile or in shop services for automotive, on highway, ag and off road equipment. Contact Colton Clark to book an appointment at 306-267-7075.



# River Jensen Seidel

5 lbs 3 oz  18.5 inches

Arrived 6:05pm  
October 15, 2022

Parents are Evan & Lisa Seidel of Squamish, BC.  
Grandparents are Peter & Peggy Jensen of Vancouver, BC, Grace Crosby of Squamish, BC and Doug & Cathy Seidel of Coronach.

# Nova Rose Rettman

7 lbs 12 oz  52 cm

Arrived 9:24pm  
October 21, 2022

Parents are Tanner & Jessica Rettman and big sister, Luna of Coronach. Grandparents are Neil & Amanda Gent of Coronach and Terry & Roxanne Rettman of Bengough. Great grandparents are Jenny & George Peacock of Coronach, Sylvia Gent of Melfort and Maxine Thompson from Rocklen.

# Bowen Jacob Gieni

8 lbs 2 oz  21.5 inches

Arrived 8:46 am  
September 30, 2022

Parents are Megan & Adam Gieni of Moose Jaw. Grandparents are Herb & MaryAnne Calkin of Black Rock, Nova Scotia (formerly of Coronach) and Gerry & Mary Lou Gieni of Moose Jaw.

# Sawyer Matthew McQueen

6 lbs 13 oz  49 cm

Arrived 12:23pm  
October 2, 2022

Parents are Zach & Robyn McQueen and big brother Walker of Coronach. Grandparents are Matthew & Zina Harris of Big Beaver and Don & Vicki McQueen of Regina. Great grandma is Blanche Verboom in Ogema and great grandpa is Milson Harris of Big Beaver.

6 lbs  
6 oz

IT'S A  
BOY

18  
inches

# Jonathan David Alexander Rutherford

Arrived 7:07 am  
October 27, 2022

Parents are John & Erin Rutherford and big sisters Rosie & Phoebe of Coronach. Grandparents are Lloyd & Bonnie Elder of Coronach and David & Betty Rutherford of Kelowna, BC.



# Crash's Auto

Serving Coronach & area since 1994

FOR SALE BY MCDUGALL AUCTION

NOVEMBER 7, 2022

SALE LOTS 801-821

CARS-TRUCKS- TRAILERS- ANTIQUE TRACTOR -  
WWII AIRPLANE ENGINE

VISIT [HTTPS://MCDUGALLAUCTION.COM](https://mcdougallauktion.com) TO VIEW



Poplar River Community Park

would like to announce



November 9 @ 7:00

November 20 @ 2:00

All Bingos will take place at the Legion Hall in  
Coronach!

\*Dabber bingo, 10 games plus bonanza, \*  
CANTEEN OPEN

~ Proceeds will go to fund the park in numerous ways ~  
We will also be selling Nevada tickets at these  
events

Lottery Licence #CRB22-0012 & #N22-0011

*Thank  
you*

**For celebrating Co-op Week with Southland Co-op!  
Congratulations to the following winners:**

Coronach Food Store: Pat Harkness, Kenzie Clarke, Shayla Froelich, Tom Hammond & Kayla Bruski

Coronach Service Centre: Jason Thurlow, Callie Kochanowski, Eric Berthelot, Lonny Setrum & Jack Jenzen

**New hours at the Coronach Service Centre**

**Monday to Friday: 7 am to 8 pm**

**Saturday, Sunday & Holidays: 10 am to 6 pm**



**Southland**



**Remembrance**

**Day**

*Lest we forget*

**November 11 hours**

**Food Store: closed**

**Service Centre: 10 am to 6 pm**



**Southland Co-op is hiring!**

**Coronach Food Store: Casual Clerk**

**Coronach Service Centre: Student Clerk**

Visit the Careers Section at [www.southlandco-op.ca](http://www.southlandco-op.ca) or  
use this QR code to go direct to our online Job Board





## **Council Meeting Highlights -October 17<sup>th</sup>, 2022**

1. As we approach winter, remember to clear your sidewalks for pedestrians and that snow and sanding equipment will be on the roads. Please stay 2 car lengths away from any snow equipment to ensure safety and the safety of our operators.

The Snow removal policy is posted on [www.Townofcoronach.ca](http://www.Townofcoronach.ca) under Government, Bylaws/policies. To improve communication with the public, we will send an alert when a snow removal event requires special parking accommodations for snow removal equipment and we will be posting Snow Removal route signage that must be followed to ensure efficient snow clearing and safe operations.

2. The Town of Coronach will be completing Asbestos abatement at 120 Centre Street in the next 3 months which is required before demolition of that building.
3. The Town Council approved the Town of Coronach Council Appointments Policy which will be a working policy for annual appointments for Councillors and will act as a guide for anyone considering joining the town council in the future.
4. The Town of Coronach is proceeding to take title on Lot 25, Block 1, Plan BV2817 and Lot 13, Block 18, Plan 77MJ01331 under tax enforcement regulations. Properties, once acquired, will be tendered for sale.

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## **Town of Coronach Tenders**

### **Retired Oil Collection Tank**

The Town of Coronach is tendering the retired "Oil Collection Tank" in as is condition. The Oil Collection Tank is at the Town Shop yard at 243 South Avenue East. Your tender should include your purchase offer and a check or payment with 10% deposit. The tank must be removed by January 30<sup>th</sup>, 2023, if it is not removed by this date, payment will be returned and the next chosen bidder will be notified.

A tender must be submitted in a sealed envelope marked "Oil Collection Tank" and addressed to: Town of Coronach, Box 90, Coronach SK S0H 0Z0. Tenders must be postmarked or dropped off at the Town Office by 5:00 pm on December 10<sup>th</sup>, 2021. Highest, or any tender, not necessarily accepted.

Tenders will be opened December 13, 2022 at 6:00 p.m. at the Town Office, 212 1st Street East, Coronach, SK S0H0Z0. **Notification of award will be made by phone.**

**\*\*\*\*Please include contact information for notification. \*\*\*\***

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The Town of Coronach is tendering the supply and delivery of the flowers for the following for the 2022 season. Hanging Baskets will not be filled this year due to ongoing construction during spring through until July/August and the resulting removal of the planter standards.

Your tender should include costs for:

- 8 large grass plants (6 in raised flowers beds, 2 for pots at community sign)
- 9 spikes (5 wood planters and 4 self-watering planters)
- 84 petunias (please not wave, with all the sweet potatoes we need something that will fill and not spill and equal numbers of white and red) (40 for raised bed and rest for the 15 pots and cement planter)
- 25 light green sweet potato

A tender must be submitted in a sealed envelope marked "Coronach Plant Tender" and addressed to the Town of Coronach, Box 90, Coronach SK S0H 0Z0.

Tenders must be postmarked or dropped off at the Town Office by 5:00 pm on December 9<sup>th</sup>, 2022. The highest, or any tender, is not necessarily accepted.

Tenders will be opened on December 13<sup>th</sup>, 2022 at 6:00 p.m. at the Town Office, 212 1st Street East, Coronach, SK S0H0Z0



# RCMP REPORT



During the month of September the Coronach/Bengough RCMP responded to 47 calls for service and issued 5 traffic warnings/tickets/inspections. The following is a breakdown by area:

## RM 10

- 1 Motor vehicle collision – no injuries
- 1 Assistance in keeping the peace
- 1 Assistance to other agency

## RM 11

- 1 Impaired driver charged
- 1 Mischief – removing hitch pins from tractors
- 1 Motor vehicle collision with a deer
- 1 Motor vehicle collision with a power pole
- 1 Grader motor vehicle collision
- 1 Complaint of speeding semi
- 1 Ticket issued for driving more than 50 km/hr over posted speed limit
- 2 Speeding tickets issued
- 1 Inspection ticket issued

## Town of Coronach

- 1 Fraud
- 1 Break and enter
- 1 Complaint of kids running around banging on doors
- 1 Complaint of impaired driver

## RM 12

No calls for service

## RM 40

- Town of Bengough
- 2 Sudden deaths
- 1 Complaint of driving while prohibited
- 1 Assistance to EMS
- 2 Assistance to keep the peace
- 1 Assistance to other police service
- 1 Suspicious person/vehicle/activity
- 911 call - misuse
- 2 False alarms

## RM 42

- 1 Mischief – broken windows in tractor
- 1 Mischief – spray paint at cemetery
- 1 Identity fraud
- 1 Motor vehicle collision with a deer
- 1 Complaint of semi hauling equipment causing alternate route
- Combine fire
- 1 Speeding ticket issued
- 1 Inspection ticket

## Town of Willow Bunch

- 1 Assault – 1 person charged
- 1 Uttering threats
- 1 Family law call
- 2 Noise complaints – municipal bylaws
- 1 911 call - misuse
- NOK notification

## RM 70

- 1 Suspicious person/vehicle/activity

## RM 71

- 1 Suspicious letter

## Assistance to other areas:

- 1 Impaired driver charged
- 1 Break and enter
- 1 Breach of peace
- 2 Motor vehicle accidents with deer
- 1 Abandoned vehicle
- 1 Theft of truck
- 1 False alarm



A cop pulled me over and said, "Papers..." so I said, "Scissors, I win!" and drove off



**Digital is no longer an option.**

**Get ahead.**

# GO Digital SASK

## Have You Heard?

GO **Digital** SASK is coming to:

**Bengough ~ Big Beaver ~ Coronach ~ Rockglen ~ Willow Bunch  
and surrounding areas!\*\***

\*\* Must be located in the South Sask Ready region

## How Can We Help You

We help storefront & home-based businesses, not-for-profit organizations and associations increase their presence online. We help with:

- Logo Design and branding
- Website development
- Google Business Profile
- E-commerce store setup
- Social Media content creation & marketing
- Digital advertising

## How Much Does It Cost

There is no cost for this service. It is **FREE** - funded by Community Futures (CF) Sunrise.

*\*\* Program ends March 2023.\*\**

Learn More and Sign Up at  
[www.GoDigitalSask.ca](http://www.GoDigitalSask.ca)



## Coronach & District Museum

The Coronach & District Museum had a busy summer, doing some extra rearranging and decorating this season. We had 88 visitors and had a great time celebrating Canada Day & The Old Coronach Street Festival. Special thanks to The Coronach Rec Board & Sask Lottery Grants, Richardson Pioneer, Hart Electric, The Old Coronach Street Festival Committee, Coronach Tourism, The Town of Coronach and the RM of Hart Butte No.11 for their support this year. In March 2023 we will be looking for volunteers for the What Not Shoppe, if you would like to lend a day or 2, please contact Pam Krusky. We will be having a fundraiser later this year with "Just Bake it" out of Grenfell. They have a selection of Sysco meats, side dishes and baking items that come frozen and ready for your oven. Watch for details!! If you have a sewing machine and would be interested in working on a sewing project with Elaine Hicks, please reach out to her @ 306-305-9104 for more information.



*Local*

**WORKING  
HOURS**

Canada Post - Coronach - Monday-Friday - 9:00am - 5:00pm - mail pick up/drop off at 11:15am  
Mini Mart - Monday-Friday - 10:30am-9:00pm & Saturday, Sunday & holidays - 12:00pm-9:00pm  
Conexus Credit Union - Monday- Friday - 9:30am-4:00pm  
Coronach Hotel - Daily - 11:30am-2:00am - Closed Sundays  
Hicks Welding & Auto Parts - Monday-Friday - 9:00-4:00  
Coronach Coop Grocery Store Monday - Saturday - 9:00am-6:00pm  
Coop Service Center - Saturday & Sunday - 10:00am - 6:00pm /Monday - Friday - 7:00am- 8:00pm  
Janice Colibaba Massage - phone/text for appointment 267-7602  
Marv's Tire - Monday-Friday - 8:00am-12:00pm/1:00pm - 5:00pm  
Clark Mechanical - call Colton to book an appointment at 267-7075  
Richardson Pioneer - Monday-Friday - 8:00am-12:00pm/1:00pm-5:00pm  
Deb's Country Kitchen - Daily 6:00am - 9:00pm  
Poplar River Pharmacy - Monday - Saturday - 9:30-12/1-5:30(dispensary closed on Saturdays)  
The Nook Coffehouse - Monday-Friday - 8:00am-4:00pm  
K&S Variety - Mondays -10:00am - 12:00pm/1:00-5:00, Wednesdays- 10:00am-12:00pm/1:00pm- 5:00pm,  
Fridays - 10:00am-12:00pm/1:00pm-5:00, Saturdays as advertised  
Customize it Blanks & more - Monday & Wednesdays 1:00-5:00 and by appointment by calling 265-0003  
Coronach Agencies - Monday-Friday - 9:00am-12:00pm/ 1:00pm-5:00pm  
From Head to Toe - Monday-Thursday - 1:00pm-6:00pm but will accommodate - call Jill 265-7801  
Toned Salon - Mondays 9:00-5:00 and other days by appointment - call Kayla 640-9388  
Town of Coronach Office -Monday, Tuesday & Thursday - 8:30am -5:00pm  
Wednesday & Friday - 8:30 - 4:30pm  
RM of Hart Butte #11 - Monday-Friday - 8:00am-12:00pm/1:00pm - 4:00pm  
Rustic Tavern - Monday-Friday 11:30am-8:30pm  
Sarcen - Monday-Friday 8:30am- 4:30pm  
CR Plumbing - Monday-Friday - 9:00am-12:00pm/1:00pm-5:00pm - available after hours for emergencies  
May-B-Sew Stitchery - Monday & Tuesday by appointment, Wednesday-Friday - 10:00-5:00  
Sheri's Bookkeeping - call to book appointment @ 267-7004  
What Not Shoppe - Wednesdays and Saturdays - 1:00pm-5:00pm  
Therapeutic Massage with Adeline - In Coronach, Tuesday-Wednesday - 4:30pm-9:00pm &  
Thursday/Fridays optional. At Big Beaver Clinic Monday & Thursday 4:00pm-8:00pm - weekends available  
(267-6048)  
RC Chinese Restaurant - Daily 11:00am-9:00pm - Closed some Mondays & Tuesdays for supplies  
CELLC Daycare ( Coronach Early Learning Literacy Centre) - Monday-Friday - 7:00am-6:00pm  
Aust's Store - Big Beaver - Monday - Saturday - 9:00am-6:00pm \*\* except Wednesdays - close at 12:00pm\*\*  
Canada Post - Big Beaver - Monday - Wednesday & Friday - 8:30am-12:30pm, Thursday - 8:00am-1:00pm  
Fife Lake Hotel - Tuesday- Saturday - 10:00am-11:00pm (open longer if busy) Sundays - 2:00pm - 9:00pm,  
Closed Mondays  
Canada Post - Fife Lake - Monday - Friday - 9:00am-12:30pm  
Big Muddy Auto - call to book appointment @ 267-7004  
Inspired Hair & Body Salon - call/text Kayli at 267-3210 to book appointment  
Prairie Girl's Designs (evening & bridal wear) - Call Lisa to book appointment @ 265-7079  
Perepust Studio- call or text Tatyana to book appointment @ 306-201-8707

*Retail therapy is the best type of therapy*



# Small town, Big store

SHOP ONLINE 24/7 AT [HTTPS://KSVARIETY.COM](https://ksvariety.com)  
FOLLOW US ON FACEBOOK K&S VARIETY AND  
ON INSTAGRAM KSVARIETY2019



Mondays 10-12 & 1-5  
Wednesdays 10-12 & 1-5  
Fridays 10-12 & 1-5  
Closed November 11

★ Christmas items now hitting the shelves!

★ Watch our social media for extra holiday shopping hours, free samples and specials

## Product Spotlight:



### BUMBLEBERRY FARMS™

#### LIFE IS SWEET AT BUMBLEBERRY FARMS

Drizzle, spoon and spread Bumbleberry Farms delectable and delicious hand-crafted honeys. All of our Bumbleberry products contain True Source Certified (R) honey, ensuring that it's ethically sourced in a transparent and traceable manner from the bees to known beekeepers to your table.



**Abstract Floral Clover Honey Jar with Dipping wand**

This cheerful honeycomb shaped honey jar with wooden dipping wand is a sweet addition to a gift basket, a charcuterie board or paired with a tin of small batch tea.



**Sea Salt Caramel Honey Cream Spread**

The woodland animals at Bumbleberry Farms will do just about anything to get their paws on our sweet, smooth spreads! This is our most popular offering--yummy on apples, cheese, waffles, pretzels, brownies, ham sandwiches, even paws! Made of whole ingredients. No artificial flavorings, colorings, or preservatives.



**Lemon Vanilla Honey Cream Spread**

Our sweet spread has a slightly tart lemony bite followed by smooth, vanilla and caramel flavors. Yummy on a scone, loaf bread, English muffin, blueberry crepes, ricotta pancakes....or a spoon! In our test kitchen, we crafted a luscious dessert pizza with a baked crust slathered with Lemon Vanilla Honey Cream Spread, a layer of mascarpone cheese (ricotta works, too), sliced pears, fresh mint, and a drizzle of Bumbleberry Farms pure clover honey. A thousand times YUM!



133 Railway Ave - front store of Big Muddy Off Road

Open Monday- Friday  
9:00-4:00pm  
On call 24/7

Please note we are closed from Tuesday, November 1 to Friday, November 4. Regular hours resume Monday, November 7

Starting November 1 our hours will change for the winter - we will be closed at 4:00pm

Have you been in to look through our sales book? In our latest one the deals are good until December - come order some Christmas presents!



## **Insure your toys**

Snowmobiles, Quads, ATV, UTV, Side by Sides and Snowbikes

### **Physical Damage**

All Perils (collision, upset, fire and theft)

Comprehensive (upset, fire and theft)

Replacement Cost is available on new units for 2 years from date of purchase and includes inflation guard

Coverage for business use and turbo charged units is available

### **Liability**

Liability insurance protects the operator in the event of an accident with a third party

Coverage anywhere – you can legally ride in Canada and the continental United States

Liability insurance is mandatory in most provinces and states

### **Accident Benefits**

Helps cover costs resulting from:

Accidental Death

Funeral Expense

Rehabilitation

Medical Treatment

Loss of Income

**Rider Plus** – extended coverage is available when you purchase Physical Damage (in most provinces)

Search and Rescue Limit to \$25,000

Increase riding gear limit to \$1,000

Increase deck or trailer limit to \$5,000

Lock re-keying up to \$1,000

Travel protection up to \$1,000





**“It’s the ropes and the reins, and the joy and the pain. And they call the thing rodeo.” Garth Brooks**

All roads led to Saskatoon on October 20-23 for cowboys and cowgirls lucky enough to be included in the lineup of finalists competing in the 2022 Canadian Cowboys Association Rodeo Finals. Among the crowd were some local names that southern Saskatchewan couldn't be more proud of for representing our area!

Representing Big Beaver at the rodeo were the Sjogren brothers. Walker Sjogren got the call on Tuesday, October 18th saying that he was the next man in line to go to the CCA Finals in the Novice Saddle Bronc. Walker won round 1 with a 57 point ride and also took round 2 with a 65 point ride. He was bucked off in rounds 3 & 4 but in the end his rides earned him the title of the Novice Saddle Bronc Champion! Congratulations Walker!

Chance Sjogren came into the Saddle Bronc Finals sitting in the Top 5. He won the first round on his re-ride with 76 points. Unfortunately, Chance got bucked off in the last 3 rounds and finished 5th overall in the Saddle Bronc Riding.

Zane Marcenko from Rockglen was sitting in the top 7 when he arrived to do some Steer Wrestling. Zane won round 1 with a 3.9, he tied for 2nd in round 2 with a 4.9 and again won round 3 with a 4.2 Zane finished off round 4 with a 4.0, placing him 1st in the round and earning him the Steer Wrestling Champion Title. Congratulations Zane!

Tanner Froshaug from Minton came into the Steer Wrestling sitting in the Top 5, however he did not have the finals he was hoping for and was unable to get any of his steers down.

Former Coronachian Ashley Watt (nee Nickolson) from Vermillion was there competing against Macie-Rae Warken from Coronach for the Breakaway Roping title. Ashley came into the Breakaway Finals sitting in the Top 9. She caught in round 1 with a 2.6 for 2nd place, in round 2 she earned a 4th place with a 2.8 but had no luck in rounds 3 & 4, leaving her in 5th Place in Breakaway Roping.

Macie-Rae came into the Breakaway finals sitting in the Top 7. Macie caught in round 1 with a 4.1, round 2 she caught with a 3.6, round 3 she placed 2nd with a 2.2, and in round 4 she tied for first with a 2.4 leaving her Reserve Breakaway Champion. Macie’s horse Red Bull was voted the Breakaway Horse of the Year and for that they won a Saddle Pad. Congratulations Macie-Rae & Red Bull!

Lastly we had Orrin Marshall from right here in Coronach rounding out the local group - he was there to do some bull riding! He arrived to the Bull Riding Finals sitting in the Top 4. Unfortunately, Orrin was bucked off in Rounds 1, 2 & 4. However, he had a great ride in Round 3 with an 84.5, placing him second in the round. Orrin ended up 6th overall in the Bull Riding Standings.



**Good work to everyone that competed!**

Coronach United Church

**Sunday Services 1:30 p.m. at  
Southwinds Manor  
November 6th  
November 20th**



*I CAN'T BELIEVE I FORGOT TO GO TO THE GYM TODAY. THATS 7 YEARS IN A ROW.*

*MY KIDS ASKED ME WHAT I USED TO PLAY ON THE IPAD WHEN I WAS LITTLE AND I TOLD THEM I USED TO SPEAK INTO THE FAN TO MAKE ME SOUND LIKE A ROBOT.*

Our Lady of Perpetual Help Catholic Church

**November Mass: Saturday @ 5:00pm  
Rockglen Sunday @ 9:00am  
Willow Bunch Sunday @ 11:00am**

**CWL Fellowship Evening Thursday  
November 24 at the Drop in @ 6:30**

**Health Centre Mass November 24 @ 10:00am**

**CSS: November 16, 23, 30 from 2:00-4:00 at the church**





# Coronach Figure Skating Club's Winter Fundraiser



Coronach Skating club has partnered with Growing Smiles fundraising to offer you beautiful plants to raise money for their programs. Order forms can be found online

[www.growingsmilesfundraising.com](http://www.growingsmilesfundraising.com), then click team login and enter, "Coronach Skating Club" or you can

contact

Jill Foley @ (306)476-7474



Plants available are:

6.5" Poinsettia - Red - \$15

6.5" Poinsettia - White - \$15

Indoor Tropical Planter - \$40

Holiday Wreath - \$40

Hanging Greenery Bough- \$40

Outdoor Greenery Arrangement - \$50



All orders must be in by November 16 and plants will be delivered to Coronach Sportsplex on November 23. Payments accepted are cash, cheque, etransfer and credit cards.

## ~~~Coronach New Horizons ~~~

Well, well is everybody ready for winter?? I guess it will come whether we are ready or not. By all reports we were pretty lucky and didn't get what some areas got.

I would like to report that the group at the Coronach Drop In, the New Horizons are a tough group! A little rain, snow and wind didn't stop them from coming out to the Drop In on Sunday evening for a Potluck Supper. We didn't have a big crowd but the food was great, the socializing was entertaining and I think enjoyed by all. Of course the avid card players stayed for a few games afterward. For anyone who is interested they try to have the Drop In open for cards on Mondays, Wednesdays, Thursdays and Fridays. Come out and join in the games.

Our regular meeting was held on Friday afternoon. We are planning on another Potluck Supper on Sunday, November 13 at 5 PM. Everybody welcome. We enjoy seeing new faces at our fundraisers and hope to see you there.

### Coronach – Rockglen – Willow Bunch Service Calendar – November 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Nurse Practitioner – Coronach Lab–Coronach-8:00-4:00  October 31	Dr. Glaeske – Away Mental Health Counsellor - Coronach Nurse Practitioner – Rockglen Lab-Rockglen-9:00-11:00  1	Nurse Practitioner -Coronach No Lab in Coronach  Dr. Glaeske-Willow Bunch Lab-Willow Bunch-9:30-10:30  2	Nurse Practitioner - Rockglen    3	Nurse Practitioner – Away    4	<b>To book appointments call:</b>  <b>Coronach Clinic</b> Monday to Wednesday 306-267-2200 ..... <b>Coronach Lab:</b> Monday & Wednesday 306-267-2524 ..... <b>Public Health</b> Coronach 306-267-5705  <b>Rockglen:</b> Clinic & Lab Tuesday & Thursday 306-476-2209  <b>Willow Bunch:</b> Clinic & Lab Wednesday & Friday 306-473-2310
Nurse Practitioner – Coronach Lab–Coronach-8:00-4:00  7	Dr. Glaeske – Coronach Nurse Practitioner – Rockglen Lab-Rockglen-9:00-11:00  8	Nurse Practitioner – Coronach Lab–Coronach-8:00-4:00  Dr. Glaeske – Willow Bunch Lab-Willow Bunch-2:30-3:30 Dietitian – Coronach  9	Nurse Practitioner -Rockglen    10	Nurse Practitioner-Away    11	
Nurse Practitioner – Away Lab–Coronach-8:00-4:00  14	Dr. Glaeske – Coronach Mental Health Counsellor - Coronach Nurse Practitioner - Away Lab-Rockglen-9:00-11:00  15	Nurse Practitioner -Away Lab–Coronach-8:00-4:00  Dr. Glaeske-Willow Bunch Lab-Willow Bunch-9:30-10:30  16	Nurse Practitioner -Away    17	Nurse Practitioner – Away    18	
Nurse Practitioner – Away Lab–Coronach-8:00-4:00  21	Dr. Glaeske – Away Nurse Practitioner – Away Lab-Rockglen-9:00-11:00  22	Nurse Practitioner – Away Lab–Coronach-8:00-4:00  Dr. Glaeske – Away Lab-Willow Bunch-2:30-3:30  23	Nurse Practitioner - Away    24	Nurse Practitioner - Away    25	
Nurse Practitioner – Coronach Lab–Coronach-8:00-4:00  28	Dr. Glaeske – Coronach Nurse Practitioner – Rockglen Lab-Rockglen-9:00-11:00  29	Nurse Practitioner – Coronach Lab–Coronach-8:00-4:00  Dr. Glaeske-Willow Bunch Lab-Willow Bunch-9:30-10:30  30	Nurse Practitioner -Rockglen    December 1	Nurse Practitioner–Willow Bunch    2	



With your generous support we shall rejuvenate and expand the landscaping at the Health Centre

# Legacy Garden Project

## CORONACH HEALTH CENTRE

Evergreen Tree	\$ 300.00
Deciduous Tree	\$ 150.00
Evergreen Shrub	\$ 75.00
Deciduous Shrub	\$ 40.00
Perennial	\$ 20.00

Please include the Family and/or Individual's name

Etransfer: ladiesaux5@gmail.com (comment trees)  
 cash or cheque: Drop off at Coronach Health Centre  
 or mail to: Ladies Auxiliary  
 Box 592 Coronach, Sk S0H 0Z0

## November @ a glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Landfill 1-5 Coronach Hotel Closed United Church Service 1:30 on Nov 6 & 20	Garbage/recycling pick up  Nurse practitioner & lab @ Health Center  Fife Lake hotel closed	Dr. Glaeske @ Health Center  Fitness class 7:00	Nurse practitioner & lab @ Health Center  Fitness class 7:00  Austs store closed in afternoon	Blood pressure clinic 10:00 at South Winds Manor  Library story hour 10:30  Fitness class 7:00  Landfill 3-6	Blood pressure clinic 10:00 at Pretty Valley Lodge	Catholic Church Mass 5:00

## November Events

- |  |   |
|--|---|
| 3 - Flu Clinic 1-5                         | 15 - Scratch n Save Day @ Coop grocery          |
| 3 - Paint Night @ Coronach library 7:00    | 16 - Trade & Craft Show 1-5                     |
| 7 - Crash's Auto items up for auction      | 17 - Trade & Craft Show 1-5                     |
| 8 - Trivia Night @ Rustic Tavern 7:00      | 18 - Merchants in Gravelbourg 8:30              |
| 9 - Remembrance Day ceremony @ school 1:30 | 19 - Merchants in Glentworth 7:30               |
| 9 - PRCP Bingo @ Legion hall 7:00          | 20 - PRCP Bingo @ Legion Hall 2:00              |
| 10 - Draw for Grey cup tickets!!!          | 21 - Games Night at library 6:30-8:30           |
| 13 - Pot Luck Supper @ Drop In 5:00        | 24 - Catholic Church Mass @ Health Center 10:00 |
| 15 - Rib supper fundraiser at Debs         | 25 - Merchants in Hodgeville 8:30               |
| 15 - Trade & Craft show 1-5                |   |



*We don't know them all but we owe them all*



# November 2022



Sun

Mon





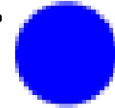
Tue

Wed

Thu

Fri

Sat

		1	2 What Not Shoppe 1-5	3 Landfill 3-6	4	5 What Not Shoppe 1-5
6 Landfill 1-5	7 	8	9 What Not Shoppe 1-5	10 Landfill 3-6 No School	11  REMEMBRANCE DAY <i>Let's We Forget</i>	12 What Not Shoppe 1-5
13 Landfill 1-5	14 	15	16 What Not Shoppe 1-5	17 Landfill 3-6	18 No School	19 What Not Shoppe 1-5
20 Landfill 1-5	21 	22	23 What Not Shoppe 1-5	24 Landfill 3-6	25 Deadline for the December issue No School	26 What Not Shoppe 1-5
27 Landfill 1-5	28 	29	30 What Not Shoppe 1-5			

